# Medical Monitoring Project (MMP) Statement of Informed Consent

Public Health Seattle and King County, together with the Washington State Department of Health and CDC, is doing a project to learn more about people who have HIV and the types of services they use and need. This information will help us improve programs to prevent other people from getting HIV and improve services for those who already have HIV.

You have been randomly selected from a list of people diagnosed with HIV. Participation in this project is voluntary. If you choose to *not* participate, your access to services will *not* be affected.

### What participation involves:

If you choose to be in this project, we will ask you to complete a one-time interview and for your permission to collect information from your medical records. The interview will take about 1 hour. We will ask about your:

- medical past
- use of medical and social services
- sex practices
- use of drugs and alcohol
- (if you are a woman) reproductive history
- physical and mental health
- experiences with discrimination against people with HIV

After the survey, we will collect the following types of information from your medical records: illnesses you've had, medicines you've taken, and care you've received.

## What you can expect from us:

All information you give us will be kept private and confidential. Your information will be linked to you only by a code number, and it will be kept in a locked file that only project staff can open. Your information will be grouped together with information from other participants so that no one will know which answers came from you. Information submitted to CDC cannot be traced back to you. Federal law protects the confidentiality of information you give to us.

If you answer the questions and agree to let us review your medical records, you will be given a \$50 check or gift card.

# Things to consider

- If you like, we can give you information about local services and how to avoid giving HIV to others.
- Some survey questions may make you feel uncomfortable. You do not have to answer any questions you do not wish to answer.
- If you have questions or concerns about the project, today or in the future, you can call the King County MMP office at 206-263-1185.

### Do you have any questions?

Would you like to participate in this project?

# Response cards

### **RESPONSE CARD A**

Moi	nthly Income	Year	ly Income
a.	\$0 to \$416	n.	\$0 to \$4,999
b.	\$417 to \$833	0.	\$5,000 to \$9,999
c.	\$834 to \$1041	p.	\$10,000 to \$12,499
d.	\$1042 to \$1249	q.	\$12,500 to \$14,999
e.	\$1250 to \$1666	r.	\$15,000 to \$19,999
f.	\$1667 to \$2083	s.	\$20,000 to \$24,999
g.	\$2084 to \$2499	t.	\$25,000 to \$29,999
h.	\$2500 to \$2916	u.	\$30,000 to \$34,999
i.	\$2917 to \$3333	v.	\$35,000 to \$39,999
j.	\$3334 to \$4166	w.	\$40,000 to \$49,999
k.	\$4167 to \$4999	х.	\$50,000 to \$59,999
I.	\$5000 to \$6250	у.	\$60,000 to \$74,999
m.	\$6250 or more	z.	\$75,000 or more

### **RESPONSE CARD B**

I asked them <u>not to tell any</u> of my partners

I asked them to tell only some of my partners

I asked them to tell all of my partners

I told them that I didn't have any partners

# **RESPONSE CARD C**

Always

Often

Sometimes

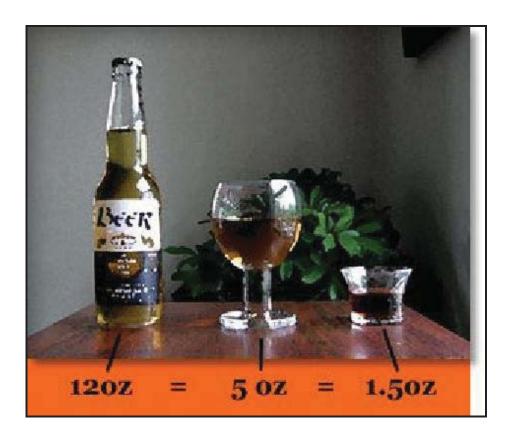
Occasionally

Never

RESPONSE CARD D			
Extremely			
Quite a bit			
Somewhat			
A little bit			
Not at all			
RESPONSE CARD E			
Never			
Occasionally			
Sometimes			
Often			
Always			
RESPONSE CARD F			
Never			
Rarely			
About half of the time			
Most of the time			
Always			
RESPONSE CARD G			
Within the past week			
1–2 weeks ago			
3–4 weeks ago			
1–3 months ago			
More than 3 months ago			
Never skip medicines			

RESPONSE CARD H
Never
Rarely
About half of the time
Most of the time
Always
Been on medications less than 30 days
RESPONSE CARD I
Not at all sure
Somewhat sure
Very sure
Extremely sure
RESPONSE CARD J
Very dissatisfied
Somewhat dissatisfied
Somewhat satisfied
Very satisfied
RESPONSE CARD K
Not at all
A little
Somewhat
A lot

RESPONSE CARD K-1	
≤24 years old	
25-29 years old	
30-34 years old	
35-39 years old	
40-44 years old	
45-49 years old	
>=50 years old	
RESPONSE CARD L	
Strongly disagree	
Somewhat disagree	
Neutral	
Somewhat agree	
Strongly agree	
RESPONSE CARD M	
Daily	
Weekly	
Monthly	
Less than Monthly	
Never	



### **RESPONSE CARD N**

Not at all

Several days

More than half the days

Nearly every day

# **RESPONSE CARD O**

0-49

50-99

100-199

200-349

350-499

500 or more

# **RESPONSE CARD P**

Below the level of detection, undetectable

Detectable but less than 5,000 viral copies/ml

5,000 to 100,000 viral copies/ml

Greater than 100,000 viral copies/ml



# 2014 Calendar (2014)

January								February								March							
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S		S	М	Т	W	Т	F	S		
			1	2	3	4							1								1		
5	6	7	8	9	10	11	2	3	4	5	6	7	8		2	3	4	5	6	7	8		
12	13	14	15	16	17	18	9	10	11	12	13	14	15		9	10	11	12	13	14	15		
19	20	21	22	23	24	25	16	17	18	19	20	21	22		16	17	18	19	20	21	22		
26	27	28	29	30	31		23	24	25	26	27	28			23	24	25	26	27	28	29		
															30	31							
			Apri	l						Мау	′						,	June	9				
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S		S	М	Т	W	Т	F	S		
		1	2	3	4	5					1	2	3		1	2	3	4	5	6	7		
6	7	8	9	10	11	12	4	5	6	7	8	9	10		8	9	10	11	12	13	14		
13	14	15	16	17	18	19	11	12	13	14	15	16	17		15	16	17	18	19	20	21		
20	21	22	23	24	25	26	18	19	20	21	22	23	24		22	23	24	25	26	27	28		
27	28	29	30				25	26	27	28	29	30	31		29	30							
									^								0		1				
			July	,					Α	ugu	st						Sep	otem	ber				
S	М	Т	W	Т	F	<u>s</u>	S_	М	A	ugu	st T	F	S		S	M	Т	W	Т	F	<u>s</u>		
		T 1	w 2	т 3	4	5			Т	W	Т	1	2			1	T 2	W 3	т 4	5	6		
6	7	1 8	2 9	3 10	4 11	5 12	3	4	т 5	w 6	т 7	1 8	2 9		7	1 8	7 2 9	3 10	4 11	5 12	6 13		
6 13	7 14	1 8 15	w 2 9 16	3 10 17	4 11 18	5 12 19	3 10	4 11	5 12	6 13	7 14	1 8 15	2 9 16		7 14	1 8 15	2 9 16	w 3 10 17	4 11 18	5 12 19	6 13 20		
6 13 20	7 14 21	1 8 15 22	w 2 9 16 23	3 10 17 24	4 11	5 12	3 10 17	4 11 18	5 12 19	6 13 20	7 14 21	1 8 15 22	2 9 16 23		7 14 21	1 8 15 22	7 2 9 16 23	3 10	4 11	5 12	6 13		
6 13	7 14	1 8 15	w 2 9 16	3 10 17	4 11 18	5 12 19	3 10 17 24	4 11	5 12	6 13	7 14	1 8 15	2 9 16		7 14	1 8 15	2 9 16	w 3 10 17	4 11 18	5 12 19	6 13 20		
6 13 20	7 14 21	1 8 15 22	w 2 9 16 23	3 10 17 24	4 11 18	5 12 19	3 10 17	4 11 18	5 12 19	6 13 20	7 14 21	1 8 15 22	2 9 16 23		7 14 21	1 8 15 22	7 2 9 16 23	w 3 10 17	4 11 18	5 12 19	6 13 20		
6 13 20	7 14 21	1 8 15 22 29	9 16 23 30	3 10 17 24 31	4 11 18	5 12 19	3 10 17 24	4 11 18	5 12 19 26	6 13 20 27	7 14 21 28	1 8 15 22	2 9 16 23		7 14 21	1 8 15 22	2 9 16 23 30	3 10 17 24	4 11 18 25	5 12 19	6 13 20		
6 13 20	7 14 21	1 8 15 22 29	w 2 9 16 23	3 10 17 24 31	4 11 18	5 12 19	3 10 17 24	4 11 18	5 12 19 26	6 13 20	7 14 21 28	1 8 15 22	2 9 16 23		7 14 21	1 8 15 22	2 9 16 23 30	w 3 10 17	4 11 18 25	5 12 19	6 13 20		
6 13 20	7 14 21	1 8 15 22 29	w 2 9 16 23 30	3 10 17 24 31	4 11 18 25	5 12 19 26	3 10 17 24	4 11 18	5 12 19 26	6 13 20 27	7 14 21 28 ber	1 8 15 22	2 9 16 23 30		7 14 21	1 8 15 22 29	2 9 16 23 30	w 3 10 17 24	11 18 25 ber	5 12 19 26	6 13 20 27		
6 13 20 27	7 14 21 28	T 1 8 15 22 29 O T	w 2 9 16 23 30 ctob	3 10 17 24 31 er	4 11 18 25	5 12 19 26	3 10 17 24 31	4 11 18 25	5 12 19 26 No	6 13 20 27	7 14 21 28 ber	1 8 15 22 29	2 9 16 23 30 s		7 14 21 28	1 8 15 22 29 м	7 2 9 16 23 30 Dec	w 3 10 17 24 cem w 3	11 18 25 ber	5 12 19 26	6 13 20 27 8 6		
6 13 20 27	7 14 21 28 м	1 8 15 22 29 0 T	w 2 9 16 23 30 ctob w 1 8	3 10 17 24 31 er T 2 9	4 11 18 25 F 3 10	5 12 19 26 \$ 4 11	3 10 17 24 31	4 11 18 25 M	5 12 19 26 No T	6 13 20 27 vem w	7 14 21 28 ber	1 8 15 22 29 F	2 9 16 23 30 s 1 8		7 14 21 28 s	1 8 15 22 29 м 1 8	7 2 9 16 23 30 Dec 7 2 9	w 3 10 17 24 cem w 3 10	† 4 11 18 25 ber † 4 11	5 12 19 26 F 5 12	6 13 20 27 8 6 13		
6 13 20 27	7 14 21 28 M	T 1 8 15 22 29 O T	w 2 9 16 23 30 ctob w 1 8 15	3 10 17 24 31 er 	4 11 18 25 F 3 10 17	5 12 19 26 8 4 11 18	3 10 17 24 31	4 11 18 25 м 3 10	5 12 19 26 No T	6 13 20 27 vem w 5 12	7 14 21 28 ber T 6 13	1 8 15 22 29 F	2 9 16 23 30 s 1 8 15		7 14 21 28 s	1 8 15 22 29 м 1 8 15	7 2 9 16 23 30 Dec 7 2 9 16	w 3 10 17 24 cem w 3 10 17	T 4 11 18 25 ber T 4 11 18	5 12 19 26 F 5 12 19	6 13 20 27 8 6 13 20		
6 13 20 27 s 5 12 19	7 14 21 28 M 6 13 20	T 1 8 15 22 29 O T 7 14 21	w 2 9 16 23 30 ctob w 1 8 15 22	3 10 17 24 31 er T 2 9 16 23	4 11 18 25 F 3 10 17 24	5 12 19 26 8 4 11 18	3 10 17 24 31 s	4 11 18 25 M 3 10 17	5 12 19 26 No T 4 11 18	6 13 20 27 vem w 5 12 19	7 14 21 28 ber T 6 13 20	1 8 15 22 29 F 7 14 21	2 9 16 23 30 s 1 8 15 22		7 14 21 28 8 7 14 21	1 8 15 22 29 M 1 8 15 22	7 2 9 16 23 30 Dec 7 2 9 16 23	w 3 10 17 24 cem w 3 10 17 24	T 4 11 18 25 ber T 4 11 18	5 12 19 26 F 5 12	6 13 20 27 8 6 13 20		
6 13 20 27 s 5 12 19	7 14 21 28 M	T 1 8 15 22 29 O T 7 14 21	w 2 9 16 23 30 ctob w 1 8 15 22	3 10 17 24 31 er T 2 9 16 23	4 11 18 25 F 3 10 17 24	5 12 19 26 8 4 11 18	3 10 17 24 31 s	4 11 18 25 м 3 10	5 12 19 26 No T 4 11 18	6 13 20 27 vem w 5 12 19	7 14 21 28 ber T 6 13 20	1 8 15 22 29 F 7 14 21	2 9 16 23 30 s 1 8 15 22		7 14 21 28 8 7 14 21	1 8 15 22 29 м 1 8 15	7 2 9 16 23 30 Dec 7 2 9 16 23	w 3 10 17 24 cem w 3 10 17 24	T 4 11 18 25 ber T 4 11 18	5 12 19 26 F 5 12 19	6 13 20 27 8 6 13 20		



# 2013 Calendar (2013)

January								February								March							
S	М	Т	W	Т	F	S		S	М	Т	W	Т	F	S	_	S	М	Т	W	Т	F	S	
		1	2	3	4	5							1	2							1	2	
6	7	8	9	10	11	12		3	4	5	6	7	8	9		3	4	5	6	7	8	9	
13	3 14	15	16	17	18	19		10	11	12	13	14	15	16		10	11	12	13	14	15	16	
20	21	22	23	24	25	26		17	18	19	20	21	22	23		17	18	19	20	21	22	23	
27	<sup>7</sup> 28	29	30	31				24	25	26	27	28				24	25	26	27	28	29	30	
																31							
	April										May	1						,	June	9			
S		Т	W	Т	F	S	_	S	М	Т	W	Т	F	S	_	S	М	Т	W	Т	F	S	
	1	2	3	4	5	6					1	2	3	4								1	
7		9	10	11	12	13		5	6	7	8	9	10	11		2	3	4	5	6	7	8	
14		16	17	18	19	20		12	13	14	15	16	17	18		9	10	11	12	13	14	15	
21	22	23	24	25	26	27		19	20	21	22	23	24	25		16	17	18	19	20	21	22	
28	3 29	30					2	26	27	28	29	30	31			23	24	25	26	27	28	29	
																30							
			July	,						Δ	ugu	ct						Ser	otem	her			
S	M	т	•	Т	F	9		S	М	Т.	w	Jι	F	9		9	M	T			F	c	
	<u>м</u> 1	2	3	4	5	s 6	_	3	IVI	- 1	VV	1	2	s 3	-	<u>s</u>	 2	3	 4		6	s 	
7		9	10	11	12	13		4	5	6	7	8	9	10		8	9	10	11	12	13	, 14	
, 14		16	17	18	19	20		- 11	12	13	14	15	16	17		15	16	17	18	19	20	21	
21		23	24	25	26	27		18	19	20	21	22	23	24		22	23	24	25	26	27	28	
28			31	20	20	<i>L</i> 1		25	26	27	28	29	30	31		29	30	27	23	20	<i>L1</i>	20	
۷(	) 29	30	31				4	20	20	21	20	23	30	31		29	30						
	October							November								December							
S	М	Т	W	Т	F	S		S	М	Т	W	Т	F	S	_	S	М	Т	W	Т	F	s	
		1	2	3	4	5								2		s 1	2		4	5	6	7	
6	7	8	9	10	11	12		3	4	5	6	7	8	9		8	9	10	11	12	13	14	
13	3 14	15	16	17	18	19		10	11	12	13	14	15	16		15	16	17	18	19	20	21	
20	21	22	23	24	25	26		17	18	19	20	21	22	23		22	23	24	25	26	27	28	

27 28 29 30 31 24 25 26 27 28 29 30 29 30 31

# Nucleoside Analogue Combinations (Combination Treatments)

Combivir (zidovudine/ (aminudine)





(abacavir) Trizivir





(tenofovir DF/ Truvada





Stribild

Complera (rilpivirine/

COBI/FTC/TDF) emtricitabine/ tenofovir DF)

emtricitabine/ tenofovir DF) Atripla (efavirenz/ emtricitabine)

Nucleoside/Nucleotide Analogue Reverse Transcriptase Inhibitors (NRTIs or Nukes)

(emtricitabine Emtriva or FTC)

Videx, Videx EC (didanosine or ddl)

Epivir (Jamivudine or 3TC)



(tenofovir DF Viread or TDF)





Ziagen (abacavir or ABC)

(zidovudine ZDV or AZT)

(stavudine or d4T) Zerit

Retrovir











